

Fishery products
(fresh, dried, thermally processed,
salted or smoked fish
and certain shellfish*)

20 kg



Permitted to introduce:

Fresh fish for personal human consumption provided that:

- the fish has been eviscerated;
- the weight of fishery products or the weight of one fish per one person does not exceed 20 kg, depending on which is higher.

* Certain shellfish, for instance, shrimps, lobsters, non-live mussels and non-live oysters

**Exempted
animal
products**

10 kg



Permitted to introduce:

- bread, cakes, biscuits, chocolate and confectionery products (including sweets), which do not contain meat products or which are not filled with meat products,
- packed food supplements for final consumers,
- meat extracts and meat concentrates,
- olives stuffed with fish,
- pasta products and noodles that are not mixed or filled with meat products,
- pizzas, which do not contain meat,
- packed soup broths and spices for final consumers,
- any other food products, which do not contain meat and contain less than 50 % of other processed products of animal origin, for instance, milk, eggs or fishery products.

**Products of animal
origin, the introduction
of which for personal
use is prohibited or
limited, when entering
into Latvia from third
countries**



**Pārtikas un veterinārais
dienests**

0 kg

Meat, meat products

(fresh meat, smoked meat, semi-finished meat products, meat products and meat preparations and other)



Permitted to introduce: From the Faroe Islands, Greenland or Iceland if the quantity of meat or meat products, milk or milk products does not exceed **10 kg per one person.**

0 kg

Milk, milk products

(fresh milk, pasteurised milk, condensed milk, cottage cheese, sour cream, cheese and others)



Permitted to introduce: Milk powder for infants, infant food and special food, pet food which is required due to medical reasons, on the condition, that:

- 1) the products do not need to be cooled before consumption;
- 2) the products are patented company products and packed;
- 3) the packing has not been damaged, except, if the respective product is being used, and if:
 - the country of origin thereof is the Faroe islands, Greenland or Iceland with a weight limit of 10 kg per one person;
 - the country of origin thereof is a country other than mentioned previously and the total quantity of products does not exceed 2 kg per one person.

Other products of animal origin

(eggs, honey and other) or products containing raw materials of animal origins

2 kg



The total weight of the products does not exceed 2 kg per one person.

Products of endangered species

Caviar
125 g



Additional restrictions may be in force regarding some protected species.
For example for caviar of sturgeon species, **the weight limit is a maximum of 125 g per one person.**

Grounds: Commission Regulation (EC) No. 206/2009 (5 March 2009) on the introduction into the Community of personal consignments of products of animal origin and amending Regulation (EC) No. 136/2004